September 30, 2020

Dear Community Members,

Indian Health Board (IHB) providers and staff continue to be committed to the health care needs of our community. We continue to fight the novel coronavirus (COVID-19) pandemic and its implications that have impacted our clinic as well as our community. We continue to provide health care services that are vital to the ongoing needs of our community. IHB will continue to monitor and follow guidelines and protocols regarding COVID-19 recommended by both the Centers for Disease Control and the Minnesota Department of Health.

We revisited our previous updates as follows:

- Have done significant amount of COVID-19 testing
- Continue to test patients with symptoms and exposures; as well as asymptomatic persons who may have had an exposure.
- Operate Monday through Friday 8:45 AM to 5:00 PM and offer extended clinic hours on Tuesdays from 5:00pm to 8:00pm
- Triage and limit the number of patients entering our facilities. This helps decrease the chances of exposure for both our staff as well as members of the community
- Commit to practicing social/physical distancing
- Maintain high standards of sanitation

If you are feeling ill, please call (612) 721-9800 to schedule a telehealth screening. Our registration team will ask COVID-19 specific questions when you schedule your visit and before the appointment with your provider.

The Dental Clinic continues to see patients for all types of dental services. We have grown our dental team and expanded services to address the comprehensive oral health care needs of our patients. For some types of care, patients receive a free COVID-19 testing before the start of their appointment in order to make sure they are healthy before treatment. This has created an uptick in the number of reminders our patients receive.

We continue to offer telehealth visits (phone and video) in our behavior health and medical departments. We offer and hold virtual groups and meetings as needed to support several community functions. Learn more by calling 612.721.9800 or visiting IHB’s Facebook page.

Sincerely,

Patrick Rock, MD
Family Medicine and Chief Executive Officer
Indian Health Board of Minneapolis, Inc.